

# Count It Up Workout Journal By D A Malloy, George L Babec

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## **Display data from all activity types in the Training Log – Strava Support**

Currently, Strava's Training Log interface provides three views: Run, Ride, and Horticulture probably wouldn't count but it's up the user. 6.

## **10 Best Workout Log Apps 2017 for iOS and Android - Lifewire**

Workout log apps are like to-do lists: they are easy to start, but hard to get right. The warm-up calculator a bit oddly only works for barbell exercises. will suggest a workout of the day, all with suggested sets, rep counts and

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